



**Master.
Certify.
Distinguish.**

**Validate Your
Laparoscopic Skills
with FLS
Certification**



Practice Your Laparoscopic Skills and Test for FLS Certification



**2024 COSECSA Annual
Conference in Zimbabwe
December 2-5th 2024**

at Univ of Zimbabwe International Centre of Surgical
Simulation, Harare, Zimbabwe

**For more info, attend our Virtual Coaching Session on
Oct 16th @ 3pm EAT
& Nov 21st @ 4pm EAT**



**Zoom Meeting: 864 7734 6187
Password: 415258**

**Expert-led 1:1 Onsite
Mentored Practice Available**

**Over 32,000 surgeons across the globe have taken the FLS
exam to certify their laparoscopic skills**



The Definitive Laparoscopic Skills Enhancement and Assessment Tool

Program Description

FLS establishes a standard set of didactic information and manual skills serving as a basic curriculum to guide surgical trainees and practicing surgeons in the performance of basic laparoscopic surgery.

- Master the curriculum and skills in this inanimate modality
- Perform laparoscopy more effectively, with greater skill and safety, and with lower complication rates.
- Improve the quality and safety of surgical care delivered to their patients.

The FLS Program Consists of:

1. FLS Knowledge-Based Curriculum: 13 online modules
2. FLS Testing: Two-part (written and skills) FLS exam to measure your cognitive and technical skills.

Proctored FLS Testing:

Written Test:

- Timed, 80-question, multiple-choice exam administered online.
- Designed to test the understanding and application of the basic fundamentals of laparoscopy with emphasis on clinical judgment or intraoperative decision making.

Manual skills:

- Evaluates laparoscopic skills based on efficiency (speed) and precision (accuracy) of the surgeon's maneuvers.
- Tests 5 non-procedure specific simulation tasks incorporating most of the psychomotor skills necessary for basic laparoscopic surgery.



Peg Transfer



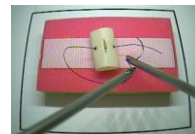
Precision Cutting



Ligating Loop



Extracorporeal Knot Tying



Intracorporeal Knot Tying

Eligibility for FLS Testing

- FLS is an universal certification for all surgical specialties that utilize a laparoscope (i.e. general surgery, gynecology, pediatric surgery, urology)
- FLS is eligible for participants of the COSECSA conference, at any level of training or practice (i.e. trainees at membership or fellowship level, junior or senior consultant surgeons)

Test Prep

- FLS is a rigorous exam requiring thorough preparation to achieve success
- Test takers must carefully review the 13 online modules
- SAGES will hold 3 virtual coaching sessions in October/November to review sample multiple-choice questions and demonstrate best technique for each skills

CERTIFY YOUR LAPAROSCOPIC SKILLS

Benefits of FLS Program:

- Improve quality of care received by patients
- Address the case-mix variabilities in laparoscopic training across African countries
- Reach minimum standards for basic cognitive and technical skills
- Learn in a safe environment without putting patients at risk
- Provide hospitals a validated tool to measure knowledge and skills performance of laparoscopic surgery



Society of American Gastrointestinal and Endoscopic Surgeons

Over 7000 Members

www.sages.org

jacqueline@sages.org